



D124AA PHYSICAL HEALTH RELEASE

Dear Parent(s) / Guardian(s),

It is highly recommended that a physician examine all children in the District 124 Athletic Association (D124AA) sports programs before participating in the season(s).

Please read the following, fill out the form completely, and return it with your signature and initials to your child's coach.

Release Form

To Whom It May Concern,

After being examined by a physician, my child was found to be physically fit to participate in the District 124 Athletic Association (D124AA) sports program(s). I hereby give my consent for his / her participation without any restriction. I also agree that if an injury or bodily harm becomes my child, whether in practice, traveling to or from a regularly scheduled game, or otherwise, I will not hold District 124, Northeast School, Northwest School, Southeast School, Southwest School, Central Middle School, any of the D124AA individual school athletic boards, or the coaches of the team, responsible for such injury or bodily harm.

By my signature below as parent or guardian, I, nor anyone of my family, heirs, executors, or administrators of my estate, will hold any of the aforementioned above, responsible for any accident or injury incurred as mentioned herein. In all, I assume all risks and expenses, which may incur in the way of bodily harm to my child.

Please be advised that _____ has permission to participate in an District 124 Athletic Association (D124AA) sports program(s). I have read the above release form and am in full agreement. I have also read and agree to the Rules and Regulations Form.

Parent / Guardian Signature: _____

Date: _____

The Sport Parent Code of Conduct

On Sept. 23, 2000, more than 30 heads of Massachusetts' chapters of national sports and medical, associations, educational organizations and professional associations met at Children's Hospital in Boston to participate in a consensus meeting to develop a sport parent code of conduct for the state. The meeting was convened by the Governor's Committee on Physical Fitness and Sports and the National Youth Sports Safety Foundation and adopted by the District 124 Athletic Association (D124AA).

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character." I therefore agree:

1. I will not force my child to participate in sports.
2. I will remember that children participate to have fun and that the game is for youth, not adults.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
4. I will learn the rules of the game and the policies of the league.
5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
7. I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
10. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his or her performance.
11. I will praise my child for competing fairly and trying hard and make my child feel like a winner every time.
12. I will never ridicule or yell at my child or other participant for making a mistake or losing a competition.
13. I will emphasize skill development and practices and how they benefit my child over winning. I will also deemphasize games and competition in the lower age groups.
14. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
15. I will respect the officials and their authority during games and will never question, discuss or confront coaches at the game venue, and will take time to speak with coaches at an agreed upon time and place.
16. I will demand a sports environment for my child that is free from drugs, tobacco and alcohol, and I will refrain from their use at all sports events.
17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- Verbal warning school athletic board member, game official, head coach, and/or head of league organization
- Written warning by school athletic board
- Parental game suspension with written documentation of incident kept on file by organizations involved
- Game forfeit through the official or coach
- Parental season suspension

I, the parent of, _____ understand the above statements and will make a consensus effort to abide by them.

Parent/Guardian Signature: _____ Date: _____

Parent/Guardian Print Name: _____

Note: This must be signed by the child's parent or guardian in order to participate in the sports program.

D124AA Athletic Eligibility & Disciplinary Policy

The Evergreen Park Elementary School District 124 Athletic Association (D124AA), as an extension of the Southeast School, Southwest School, Northeast School, Northwest School and Central Middle School academic program, is subject to the authority of the Principal of each school and D124AA Executive Athletic Board. Participation in athletics is viewed as a privilege. Academics and in-school discipline standards **MUST** be met for all student-athletes to participate in a sport.

Student-athletes, who are failing any subject or have two concurrent D grades, at any time during the season, will be ineligible to participate in games, matches and/or practices. For those deemed ineligible, grades will be reviewed on a week by week basis, beginning on Wednesday and ending on Tuesday of the following week, until the grade(s) improve to meet the standards of this policy.

The following procedure will be applied in all cases:

1. The teacher will notify the Principal, who will notify the parents of the student-athletes ineligibility.
2. The Principal will notify the school Athletic Director, who will in turn, notify the individual sport coordinator, head coach and D124AA Vice President.
3. Student-athletes will not be declared eligible to resume participation without a signed reinstatement letter from the Principal. This letter should be shown to their coach and returned to school with a parent signature.

Student-athletes in grades 4 and 5 who receive three behavior reports/detentions will be ineligible to participate in games, matches and/or practices for a minimum of one week. Additional discipline reports/detentions will result in an increased ineligibility length of time.

Parents are expected to monitor the academic and disciplinary status of their own student-athlete.

Chronic academic or disciplinary situations will be referred to the judgment of the Principal.



DISTRICT 124 ATHLETIC ASSOCIATION ELIGIBILITY AGREEMENT

I, _____, have read and understand the
Print Parent/Guardian Name

District 124 Athletic Association (D124AA) Athletic Eligibility Policy and agree to abide by the terms stated and support the enforcement of this policy.

Parent/Guardian Signature

Date
